WHAT IS CLAIMED IS:

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1. A pattern formation method comprising the steps of:

forming a resist film of a chemically amplified resist material including a base polymer, an acid generator for generating an acid through irradiation with light and lactone;

performing pattern exposure by selectively irradiating said resist film with exposing light while supplying a solution onto said resist film; and

forming a resist pattern by developing said resist film after the pattern exposure.

- 2. The pattern formation method of Claim 1,
- wherein said lactone is mevalonic lactone, γ -butyrolactone, γ -valerolactone or δ valerolactone.
 - 3. The pattern formation method of Claim 1, wherein said solution is water.
 - 4. The pattern formation method of Claim 1, wherein said solution is perfluoropolyether.
 - 5. A pattern formation method comprising the steps of:

forming a resist film of a chemically amplified resist material including a base polymer, an acid generator for generating an acid through irradiation with light and a polymer containing lactone;

performing pattern exposure by selectively irradiating said resist film with exposing light while supplying a solution onto said resist film; and

forming a resist pattern by developing said resist film after the pattern exposure.

6. The pattern formation method of Claim 5,

wherein said lactone is mevalonic lactone, γ -butyrolactone, γ -valerolactone or δ valerolactone.

7. The pattern formation method of Claim 5,

wherein said polymer for containing said lactone is poly(acrylic ester) or poly(methacrylic ester).

- 8. The pattern formation method of Claim 5,
- 5 wherein said solution is water.

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- 9. The pattern formation method of Claim 5, wherein said solution is perfluoropolyether.
- 10. A pattern formation method comprising the steps of:

forming a resist film of a chemically amplified resist material including a base polymer, an acid generator for generating an acid through irradiation with light and carbohydrate lactone;

performing pattern exposure by selectively irradiating said resist film with exposing light while supplying a solution onto said resist film; and

forming a resist pattern by developing said resist film after the pattern exposure.

11. The pattern formation method of Claim 10,

wherein said carbohydrate lactone is D-gluconic acid δ -lactone, β -D-glucofurannurone acid γ -lactone or L-mannal acid di- γ -lactone.

- 12. The pattern formation method of Claim 10, wherein said solution is water.
- 20 13. The pattern formation method of Claim 10, wherein said solution is perfluoropolyether.
 - 14. A pattern formation method comprising the steps of:

forming a resist film of a chemically amplified resist material including a base polymer, an acid generator for generating an acid through irradiation with light and sultone;

performing pattern exposure by selectively irradiating said resist film with exposing light while supplying a solution onto said resist film; and

forming a resist pattern by developing said resist film after the pattern exposure.

- 15. The pattern formation method of Claim 14,
- 5 wherein said sultone is pentane-2,5-sultone or naphthalene-1,8-sultone.
 - 16. The pattern formation method of Claim 14, wherein said solution is water.
 - 17. The pattern formation method of Claim 14, wherein said solution is perfluoropolyether.
- 10 18. A pattern formation method comprising the steps of:

forming a resist film of a chemically amplified resist material including a base polymer, an acid generator for generating an acid through irradiation with light and sultine;

performing pattern exposure by selectively irradiating said resist film with exposing light while supplying a solution onto said resist film; and

- forming a resist pattern by developing said resist film after the pattern exposure.
 - 19. The pattern formation method of Claim 18, wherein said sultine is 3H-2,1-benzoxathiol=1-oxide.
 - 20. The pattern formation method of Claim 18, wherein said solution is water.
- 20 21. The pattern formation method of Claim 18, wherein said solution is perfluoropolyether.